



NATIONAL FEDERATION OF THE BLIND

2025 NOPBC Youth Track
Live the Life You Want

Welcome to the 2025 NOPBC Youth Track!

We are so excited to come back together this year as we make new friends, reconnect with old friends, and gain all the confidence and resources we need to turn our dreams into reality together. We hope you will find that these sessions will not only prepare you to live the life you want, but that you will make new friends, become more confident and independent, and have a lot of fun. So, bring your cane, your positive philosophy, and your open mind for a great Youth Track in New Orleans! Don't have a

cane? That's okay – we will have a cane bank there for you to use for Youth Track sessions.

Sessions are open to all blind and low vision students, children of blind adults and sighted siblings aged 11-18 unless stated differently in description.

Day 1: Tuesday, July 8, 2025

7:30 AM – 8:45 AM: Youth Track Registration

9:00 AM – 10:45 AM: Games and Prizes:

Come join your Federation Youth family for board games, and much more Let the games begin! This first session we will see old friends and discover new ones. If this is your first time, or you are a little bit shy, no worries, everyone will have a perfect place in our introduction session.

11:00 AM – 12:15 PM: Introduction to your National Federation of the Blind Convention and Youth Track Activities.

So much to do, so little time. This convention has so much to offer. Learn about what will happen each day, and get your questions answered so you can make this convention your best. In this session you never know who you may meet. You may even win a door prize.

12:15 PM – 1:30 P.M. Lunch on your own

1:30 PM – 4:00 PM:) Tactile art and more.

Come find your hidden and not so hidden creativity through self-expression. We will explore our authentic talents with a variety of art forms.

4:00-5:00 Career mentoring Fair.

What Kinds of Jobs Can Blind People Do?

Not sure what you want to be when you grow up? Come meet blind mentors working in all kinds of jobs. Already have your career planned out. Great! Come meet someone in your field who can give you some useful tips and tricks.

Day 2: Wednesday, July 9, 2025

8:45 AM – 10:30 AM: Cane Walk:

Don't I have a cane yet? Come explore how a cane can give you more freedom. You can receive a free NFB white cane. Then take a walk with the world's best cane training instructors. Learn how awesome it feels to walk proud and free.

7:00-9:00 What does a resolution mean, and how does the National Federation of the Blind use resolutions to make us stronger?

We'll explore the resolutions recommended by the National Federation of the Blind resolutions committee.

Day 3: Thursday, July 10, 2025

1:00 PM – 4:00 PM: Exhibit Hall Challenge, and unconventional scavenger hunt:

Join a team, gather information, tools, and win prizes as you explore the Exhibit Hall and all the secret hiding places in our great convention hotel. Learn all the ways you can accomplish any task you choose in school and in work. When each team has completed their challenge, you will return to our youth track room and submit your challenge card. Prizes will be awarded in our last session.

. 7:00 PM-10:00 - accessible Video/audio game tournaments:

Whether you are a first-person shooter gamer, a mind craft type of player, or you like the interaction of role play and storytelling, there's something for everyone in this nonvisual authentic gaming tournament. There will be prizes, Obviously....

Day 5: Friday, July 11, 2025

7:00 PM – 10:00 PM: finding our collective power:

Come meet some of our future selves as we connect with blind college students from NABS. This is a time when we can talk about whatever you want. We will explore how a positive philosophy of blindness can change our worlds and strengthen our source of power. We will also strengthen our own personal power, as we explore how to set and keep our own physical boundaries. Hint, it's not okay to grab blind people.